



Health and Safety on volunteer projects

The Health and Safety aspects of each of our projects are assessed in detail by our trained volunteer leaders and staff. The team leaders provide relevant safety information about the project, as well as training on the safe use of equipment. All participants are responsible for adhering to any procedures that are demonstrated.



The Environment Agency does its utmost to ensure that all projects operate within strict health and safety guidelines. However, if you are uneasy with any aspect of health and safety on the project, please talk to the Team Leader or to Environment Agency staff responsible for the project.

- It is your responsibility to ensure that your tetanus inoculation is up-to-date and to ensure that you have notified your Team Leader about any relevant medical conditions, allergies and prior injuries. This information will be treated as confidential.
- Remember to bring sufficient supplies of any prescribed medication to last the duration of the project or placement. In accordance with our health and safety policy, volunteers must administer medication such as pain killers themselves, so you should bring your own supplies.
- It is the participant's responsibility to organise their own travel insurance for the duration of their placement unless they are included in insurance provided by their sending organisation (BTCV and WorkingAbroad provide insurance cover for their volunteers).
- Although there is relatively little crime in Iceland, we strongly recommend that you keep valuable belongings with you at all times. Valuables cannot be secured on the campsites when left unattended in the tents.



European Health insurance card

If you are a European citizen, it is very important that you bring a European Health Insurance Card (EHIC) with you in order to pay reduced costs for any necessary medical treatment during your visit (Iceland is within the European Economic Area) [EHIC information from the EU](#).